



## **Temporary Crown Care Instructions**

You have just received a temporary crown. Your temporary crown is meant only to serve your needs while a permanent crown is being made for you. Temporary crowns are custom-made for each patient however the color, shape and size may not resemble the final (permanent) crown. Your temporary crown will help protect the sensitivity of the prepared tooth. However, it does not fit your mouth like the permanent crown will, so you may notice sensitivity to heat, cold or sweets sensations you won't feel when your specialty-made crown is in place.

- Avoid chewing for at least an hour. If you received anesthesia, do not chew until the numbness has subsided.
- Avoid eating hard or sticky foods, such as chewing gum, and chew on the opposite side of the mouth if possible.
- Avoid chewing nuts, hard candies, or other hard foods on your temporary crown.
- Brush as usual, but floss with care. When flossing, remove floss from the side of the tooth.
- Use a desensitizing toothpaste if teeth are sensitive to heat, cold, or pressure, but contact our office if sensitivity increases or persists beyond a few days.
- Temporary crowns are not strong. They may occasionally break or come off. If this should happen to you, please call our office immediately. Bring your crown with you and we will recement or replace it. Should you be unable to contact us, simply place a small amount of toothpaste in the temporary crown and place it on the tooth until you can contact us.
- Please do not leave the temporary crown out of your mouth. Without the temporary crown, your teeth may move and then the permanent crown may not fit precisely.

Call us if your bite feels uneven, if you have persistent sensitivity or discomfort, or if you have any other concerns.